



GOURMET
For
G  OD

GOURMET
For
G  OD



to be best
point of view.

Kindness

of being kind. the
much compassion
moving in for the
let is thou

Our Philosophy

What is kindness? For us kindness is a practice, from the morals we stand tall for, to the people who apply it. Gourmet for Good is an initiative started to feed and empower. Our process begins with a dream, a world where inspiration comes to everyone – through a gourmet meal. It is the willingness to trust and the willingness to believe that everyone has the potential to strive for more, but only if they know that someone believes in them and is willing to spare a gesture of kindness.

Our motto is

*“Eat good,
feel good, inspire”*

Everyone is entitled to a good meal and the feeling that comes along with it. How wonderful would it be to embed a seed of motivation that blooms into a flower and inspires the very fabric of our society's value system? – It is indeed a brave thought. We believe that prosperity is for everyone, we believe in equal opportunity –A delicious warm plate and a kind smile for everyone.

Gourmet chefs from all around the country prepare all of our meals; we believe that FRESH and CLEAN eating is the way to go and that is why we have partnered with local farmers on a national level. We want people to know where their food is coming from, how it's grown. The reason for this outreach is our partnerships with organizations that believe in our vision and they're adamant about helping us expand this philosophy nationwide.

The feeling of eating your desired meal from your favorite restaurant always leaves you high-spirited and peaceful. We believe that we can give that same moment of peacefulness to anyone who deserves it; our goal is to trigger a strong sense of motivation that will accentuate the need to strive for more.

We believe that a small act of love can make a difference.



What We Learned?

To live and to have lived well, to be kind-hearted, to be noble and useful is the purpose we have earned in our journey. We have learned that food symbolism permeates our social psyche and has a powerful effect on people and groups in our society.

One can be perceived as likeable, attractive, more practical and analytic if the choices on the plate are "good". In this society, food choices are linked with social status – A can of beans with rice can symbolize poverty while steak tartare indicates wealth – we want to change this mindset so that our society nurtures a mindset to be thankful and to flourish.

As Ralph Waldo Emerson once wrote "I cannot remember the books I've read any more than the meals I have eaten; even so, they have made me."

Gourmet for Good is not just charity; it is a way of thinking. This is our practice, this is our Expression of Kindness.



GOURMET
For
G  OD

 GourmetForGood.org

 Info@gourmetForGood.org



@Gourmet4Good